

# NEIGHBORS

NEWSROOM: 606-528-2464 | FAX: 606-528-9850 | E-MAIL: bpoynter@thetimestribune.com  
TIMES-TRIBUNE / WEEKEND EDITION, JAN. 23-24, 2010

## ENGAGEMENT



### Bates-Amburgey

Mr. and Mrs. Benny Amburgey of Corbin would like to announce the engagement and marriage of their daughter, Amy Lynn Amburgey, to Joshua Alan Bates son of Jim and Connie Bates of London. Amy is a 2004 graduate of Whitley County High School and is employed at Baptist Regional Medical Center in Corbin. Josh is a 2006 graduate of London Christian Academy and is currently serving in the U.S. Army. The wedding will take place on Saturday, Feb. 6, at 2:30 p.m. at Hopewell Baptist Church in Corbin, Ky. A reception for the couple will be held following the ceremony. The couple will reside at Hunter Army Airfield in Savannah, Ga. All family and friends are invited to attend.

## INSIDE NEIGHBORS:

### IT'S SUPPERTIME

SHELBY SIZEMORE



Shelby adds another name to the list of people she wants to meet — the unflappable, unbelievable John Wall!

SEE PAGE 2

### WHITLEY 4-H'ERS

SPEAK UP!

The annual Whitley County 4-H Talk Meet was recently held at Whitley County High School. Seven 4-Hers showed their public speaking skills in a judged competition based on organization of talk, facial expression, voice tone, knowledge of subject, voice clarity, and overall delivery.

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### ANIMAL ADVOCATE

VICKIE BRAMLETT

Do you miss green leaves and bright, sunny days? Do the barren branches depress you? Has the ho-hum of winter got you in a rut?



Often amid the bareness of winter, a feast for the eyes unexpectedly appears through a window as I retreat indoors from the bitter cold and dampness outside. It's as if God sent a little gift to brighten a dreary day.

SEE PAGE 3

## PLUS MUCH MORE!



AP PHOTO/REED SAXON

Six-year-old Helena Bell puts on her short high-heeled shoes at her home in Los Angeles Tuesday, Jan. 12. Helena first wore the heels as flower girl at a wedding about six months ago. Since then, she loves to wear the shoes — and her flower girl dress — to church on Sundays, and other “dress-up” occasions at home.

# Parents, doctors debate tots teetering in heels

Pose physical risks that include tightening of the heel cord, changes in the growth plate

BY JAMIE STENGLE  
AP WRITER

A pair of sparkly, peekaboo shoes with heels 2 inches high are favorites of 6-year-old Helena Bell ever since she got them for a wedding.

“She’s worn them to the point where the jewels have fallen off,” says Helena’s mother, Dana Bell of Woodland Hills, Calif. “It’s not my preference, but I’ve stopped fighting it.”

The heels aren’t allowed at school, but the first-grader slips on her white treasures first thing when she gets home and wears them to church every Sunday. “I think if it’s within reason, it’s OK,” her mom says.

As images of 3½-year-old Suri Cruise out and about in blingy heels recently hit magazines and the Internet, reactions to the grown-up look for not-so-old kids have ranged from cries of inappropriate to defense of a little girl’s right to be girly. Suri’s mom, Katie Holmes, told Access Hollywood she considers the kitten heels supportive because they were made specifically for kids learning ballroom dancing.

Samantha Fein of San Jose, Calif., says her 6-year-old daughter has attracted some double-edge remarks — “My, look at your big girl shoes” — when she wears her knee-high boots with a 2-inch chunky heel or her brown wedges with only slightly less height. Fein notes that her child wears sneakers 90 percent of the time and heels on special occasions, like birthday parties.

“It’s not like I’m sending her to the park in them,” she says. “I think there’s a time and a place for everything.”

The San Francisco Bay area is pretty fashion forward, so it’s not unusual to see girls that young wearing heels. Fein says they’ve helped her daughter learn to walk like a lady. “They’re definitely not suggestive at all. Suggestive to me is inappropriate.”

The phenom falls in line with other trends in clothing, books, music and movies once reserved for older audiences trickling down the age ladder.

As Christina Vercelletto, senior editor of Parenting magazine, has been putting together the spring fashion edition, she’s noticed shoes for girls as young as 5 and 6 sporting heels as high as an inch.

“I am seeing these heeled shoes, shoes that would be considered a little too grown up typically for a girl that age,” she says. “I think it’s definitely a trend for 5- or 6-year-olds.”



AP PHOTO/REED SAXON

The heels aren’t allowed at school, but the first-grader slips on her white treasures first thing when she gets home and wears them to church every Sunday. “I think if it’s within reason, it’s OK,” her mom says.

In years past, Vercelletto says, heels usually stopped at sizes for 8- or 9-year-olds. She unsuccessfully tried to nab a pair of stacked heel boots that arrived in a bag of hand-me-downs for her own 6-year-old but wasn’t

quick enough. Now, Vercelletto tries to keep them out of sight in the back of a closet.

“I do feel that it’s rushing it a little to put a girl 3 years

SEE HEELS, PAGE 2

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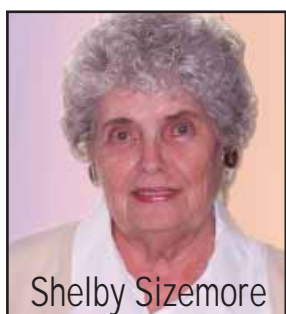
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# Come home, it's suppertime Unflappable, unbelievable, unsurpassable John Wall!

Hello out there - the weather is so perfect as I sit here talking with you that it might well be April instead of January. I do talk about the weather a lot, don't I? I'll have to watch that.

For the last 30 years, at least, the person I would have most like to meet is Bob Dylan. I was driving down the road one day, listening to the radio, and his "Tangled Up In Blue" came on... I immediately became a fan of most of his music. Now I'm about to add another name to the people I would most like to meet - John Wall, of the Kentucky Wildcats. My blood is running so blue these days that I can hardly wait for the next game! So many of the Wildcats are great, but John Wall is way beyond great - I guess that makes him "the greatest", at least in my book. I've always been a UK fan, but a somewhat lukewarm one for the last few years. That changed the first time I watched Wall complete one of his incredible plays with such ease and finesse. You just have to be a UK fan - they are so much fun to watch!

Now that I got all that



Shelby Sizemore

unabashed admiration "off my chest" let's talk cooking. Carol's Stroganoff was indeed delicious; I added it to my keepers. I promised you her Cherry Chiffon Dessert this week, and it sounds wonderful also. I have one more tried and true from her - Angel Delight - and then the next week we'll have Kay Gray's Minestrone; just perfect for January. After that, Carol Ehrigott came through for us with her Garbage Soup, which sounds very good. See, I knew some of you would take pity on me!

## CAROL'S CHERRY CHIFFON DESSERT

1 can cherry pie filling  
1 (15-1/2 oz.) can juice  
pack crushed pineapple,  
chilled and well-drained

1 can Eagle brand sweetened condensed milk (NOT evaporated milk)  
1 8-oz. container frozen non-dairy whipped topping, thawed  
1 cup miniature marshmallows

In a large bowl, combine all ingredients and mix well. Spoon into individual serving dishes or large serving bowl. Chill 30 minutes. Refrigerate leftovers. (If you have any!)

Our wonderful poem for the day:

'Tis the human touch in this world that counts;  
the touch of your hand in mine;  
which means far more to the fainting heart  
than shelter, bread and wine.  
For shelter is gone when the night is o'er  
and bread lasts only a day;  
but the touch of the hand  
and the sound of the voice,  
sings on in the heart .....  
Always.

Send your recipes or comments to shelby-sizemore@aol.com

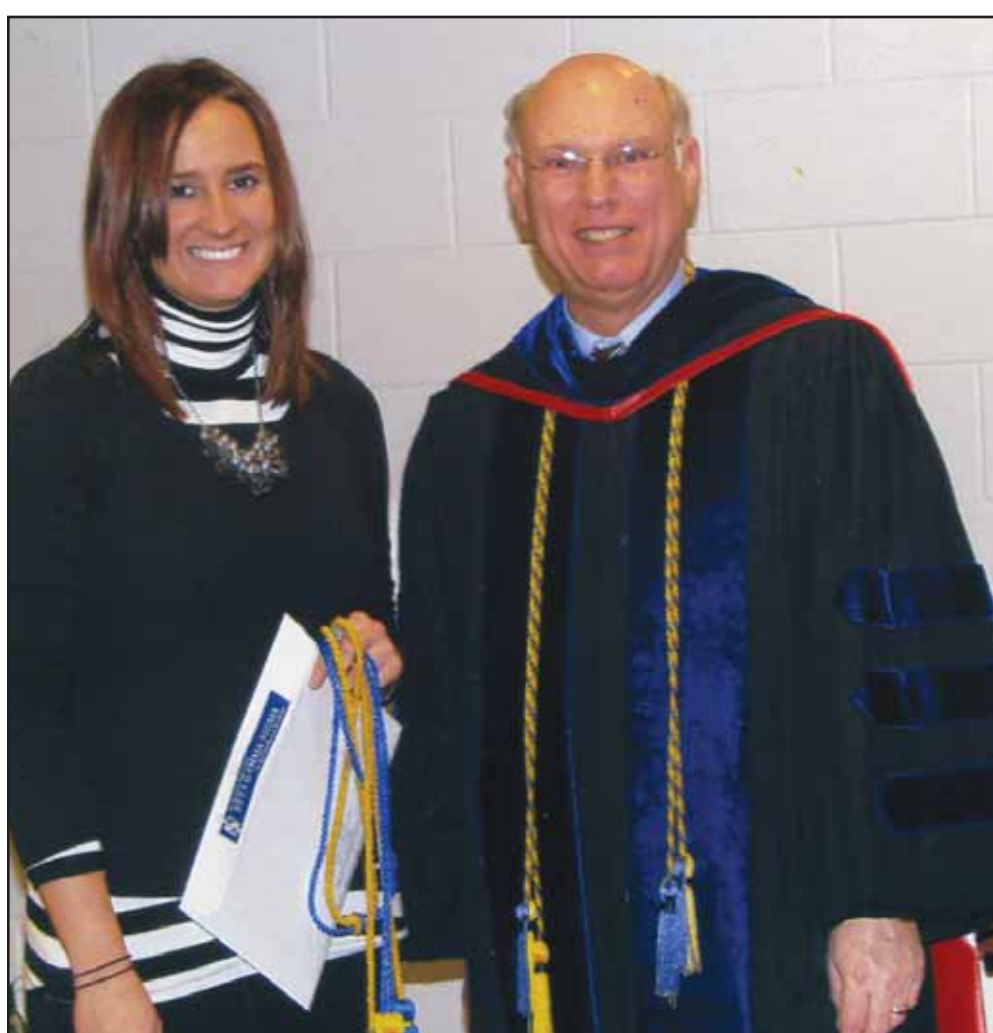


PHOTO SUBMITTED

Robert B. Rogow, Dean of College of Business and Technology at Eastern Kentucky University inducts Jamie Gregory into the Beta Gamma Sigma National Honor Society.

## Gregory inducted into Beta Gamma Sigma

SPECIAL TO THE TIMES-TRIBUNE

Jamie Adele Gregory of Gray was recently inducted into Beta Gamma Sigma. Beta Gamma Sigma was founded in 1913 and is an international honor society that provides the highest recognition a business student anywhere in the world can receive in a baccalaureate or post-baccalaureate program at a school accredited by AACSB

International.

Jamie is a junior at Eastern Kentucky University majoring in accounting and general business. She is also the recipient of the Regency Scholarship, Patterson Scholarship, Joanne Glasser Scholarship and Papa John's Accounting Scholarship.

Jamie is a graduate of Corbin High School. She is the daughter of Michael and Gregory of Gray.

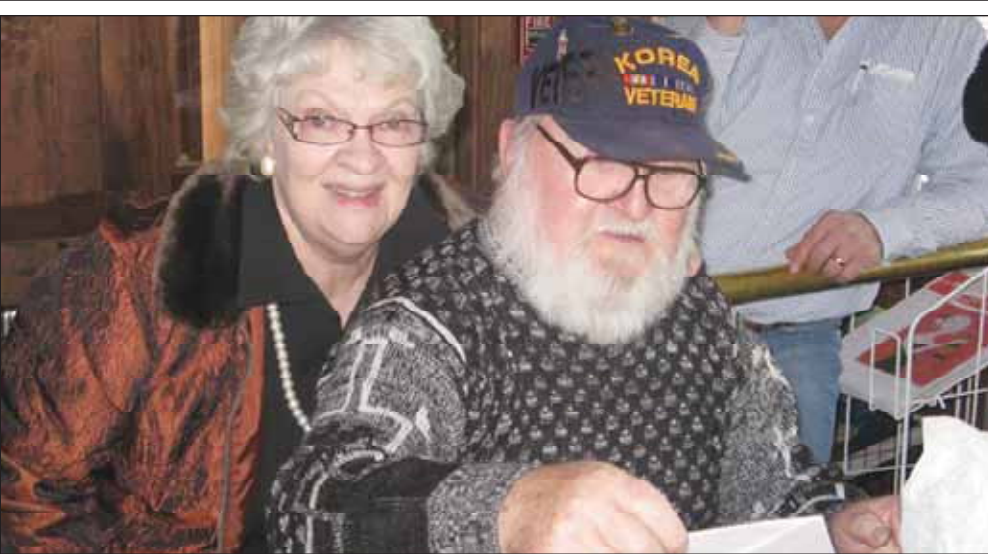


PHOTO SUBMITTED

Jeff Caudill sorts through his many well-wishes as wife Shirley looks on.

## Optimists honor long-time member

SPECIAL TO THE TIMES-TRIBUNE

Jeff Caudill, 80, and wife Shirley drove to Richmond's Paddy Wagon Irish Pub on Saturday, Jan. 16, where they planned to join family members for a quiet 80th birthday luncheon. To Jeff's surprise, along with family and friends, a number of Laurel-London Optimist members were also in attendance waiting to honor him for his many years of service to the Optimist Club and to the Laurel community.

Among the many gifts well-wishes, Jeff found the following letter:

Jeff, I apologize for not being at your party celebration, because I would like to be there rather than at work.

I would like to say a few words regarding the 29 years we have been acquainted through the Optimist Club.

"No one ever set a greater example than Jeff Caudill. If there was new club project, Jeff was involved, always raising his hand to either head up or work a project; Jeff taught by example how to get involved. This man was so caught up in Optimism that he got the rest of us caught up in it too. We could not stand by and let him do it all!"

Laurel County children will never forget the influence of the Laurel/London

Optimist Club because of your efforts. They learned to swim through the Optimist swimming lessons; they looked forward to "Santa" at Walmart in their younger years. They competed in bike rodeos. Halloween parties at Jeff's house... kid's fishing derbies... and the list goes on. What a great influence you have been on the children of Laurel County.

Jeff, it is not too often that people get to put into words as to how you are thought of. In my case, it is a good thing. In your case, I can say this... I have nothing but the greatest respect for you for what you have accomplished for the Laurel-London Optimist Club.

As a charter member, you will remember our humble beginnings. We would pass the hat in the meetings to raise money for postage or whatever. Washing cars on Main Street to raise a dollar or two.

We have come a long way because of people like you that devoted so much of your personal time. The results of those efforts should make you feel really proud of where we are today!

Congratulations on your 80th birthday. Thank you for being a good friend and club member!

Daryl Johnson  
Laurel/London Optimist Club

## HEELS FROM FRONT PAGE

old in shoes like that," said Vercelletto, among those who fear the physical perils.

Unlike other trends, heels pose physical risks that include a tightening of the heel cord and changes in the growth plate.

Matthew Dairman, a Suffolk, Va., foot and ankle surgeon and a spokesman for the American College of Foot and Ankle Surgeons, urges parents to limit wear to once or twice a week for four hours at a stretch - if at all. Another important factor, he says, is difficulty in keeping kids from running, which could make those in heels more susceptible to ankle sprains or broken bones.

"You put a kid in a heel and someone touches

them and says tag, they're it - they're off," Dairman says. "Moderation is key."

Michael Penrod, a sales representative for children's footwear with a showroom at Dallas Market Center, a wholesale merchandise marketplace, says adult styles began surfacing in children's footwear a decade ago. While manufacturers do offer heels in sizes small enough to possibly fit a 3-year-old, stores are more likely to carry sizes meant from age 5 and up.

Heels for young girls get mixed reactions from buyers, with more interest from the coasts and bigger department stores.

"In the South, there's still a very traditional store owner that prefers the younger looking silhouettes," he says.

Jennifer Thomas, one of the owners of two Chicago-area children's shoe boutiques called Piggy Toes, says she

doesn't carry heels for young girls.

"I just don't think they're age appropriate," says Thomas, who has a 10-year-old daughter she doesn't want to see in them. "As far as the customers, girls for sure love them. Mom usually doesn't want them."

Dr. James W. Brodsky, a Dallas orthopedic surgeon and past president of the American Orthopaedic Foot & Ankle Society, says healthy shoes for kids are similar to healthy shoes for adults - not too high a heel, plenty of width in the toe box, soft natural materials to conform to the shape of the foot and good support.

Dairman does see some value in girls around 12 or so learning to wear heels, when their bones have developed. And while he doesn't think younger girls wearing heels is that widespread, "as kids seem to be aging quicker, it's something

that should be addressed."

Lisa Spiegel, a counselor and director of Soho Parenting, a New York City parenting resource center, says worry about kids aging too fast is often on the minds of parents today. She says she hasn't noticed a prevalence of young girls wearing heels but does know parents contending with young girls wanting to wear makeup or dress in too-slimpy clothes.

"We really, really try to help families hold onto their better instincts that kids should be children and not little adults," she says.



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## Remembering Martin Luther King Jr.



PHOTO SUBMITTED

## Walmart gives to African American Heritage Center

Jeff Akers, general manager of the Walmart Distribution Center in London, presents a \$500 sponsorship check to Wayne Riley of the Laurel County African American Heritage Center for a "Celebration of Martin Luther King Jr." The celebration event was scheduled for Monday, Jan. 18 at the London Community Center. The annual event included an original artwork display by local elementary school students, live gospel music and a welcome and march from the Laurel County Courthouse to the London Community Center. The celebration concluded with the main program and dinner at the London Community Center.

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# Animal advocate

## The cardinal: a winter feast for the eyes

Do you miss green leaves and bright, sunny days? Do the barren branches depress you? Has the ho-hum of winter got you in a rut?

Often amid the bareness of winter, a feast for the eyes unexpectedly appears through a window as I retreat indoors from the bitter cold and dampness outside. It's as if God sent a little gift to brighten a dreary day. From my window, that gift is often the Kentucky cardinal, our state bird.

A very popular backyard bird, the cardinal is the state bird for seven states: Illinois, Indiana, North Carolina, Ohio, Virginia, West Virginia, and Kentucky. It's quite common to find the male cardinal with its festive plumage on Christmas cards and ornaments.

The *Cardinalis cardinalis* (its scientific name) is a kind of finch found in gardens, streamside thickets, mesquite patches, and woodlands throughout the eastern and southwestern United States. Since it does not migrate, it can even be found in southern Canada, although it prefers areas with mild winters.

When you think of a cardinal, you most likely picture the male cardinal donned in a bright red with a tufted crest and black mask. In winter, his color fades somewhat, but then it brightens during molting in spring to attract a mate. Research shows that the female prefers the brightest and reddest male, supposedly an indication of his fitness.

The name cardinal is associated with the male's color, reminiscent of the cardinals, prominent Catholic bishops who wear bright red robes and are advisors to the Pope.

The female cardinal is less recognized since she sports a different color scheme. She has a golden brown head and stomach and olive color back and wings. Her head is char-



VICKIE BRAMLETT

acterized by a black mask on her face and a reddish colored crest atop her head. Her drab color helps her remain camouflaged from predators during the nesting season.

Baby cardinals mimic mom's coloring, but have a blackish bill instead of the female reddish bill.

The male brings the female cardinal food during courtship and often feeds her seeds beak-to-beak. These birds are appreciated by humans as destroyers of weed seeds. Cardinals mainly feed in open ground areas and in backyard birdfeeders.

The cardinal song can be heard almost year-round. Common whistles include "cheer, cheer, cheer," "whit-chew, whit-chew," and "purty, purty, purty."

The female usually sings before nesting, after the male establishes his territory, which is often about four acres. He has been known to attack his own reflection and even attack small red objects he mistakenly assumes are other male contenders.

Cardinals breed once they are about a year old. Breeding season extends from late March until early summer, with breeding taking place two or three times during the breeding season.

Their nests, usually built by the female in vines or shrubs four to five feet above ground, can be distinguished by their thin cupped shape made of fine stems, vines, or rootlets supplemented by leaves, rags, paper or bark. Nests linings are filled with fine dry grass, moss and hair.

Each nest contains a brood of 3 to 4 light green or blue eggs with specks of purple or brown. A cardinal egg will hatch in 12 to 13 days. Baby cardinals remain in the nest only about 10 days. Young cardinals take up flying about eleven days after hatching.

Both parents feed the baby birds, but the male cardinal will often take over this job single handedly when the female begins incubating their second clutch or brood in a new nest.

The average lifespan of a cardinal is only a year or two, but a banded cardinal was found alive almost sixteen years after it was initially banded.

How can you attract these birds to your backyard?

Set up a feeder with a roomy tray or open table because cardinals require ample space to perch comfortably. They often feed from the ground. You might choose to set the feeder in the midst of a bush or shrub, no higher than the bush or shrub. Cardinals love to eat in secluded places. This will also prevent larger birds such as doves and pigeons from infringing on the feeder.

Cardinals prefer sunflower seed and safflower seed, but will also devour cracked corn, suet, suet mixtures, peanut hearts, peanuts and nutmeats of all kinds.

Water is very important in attracting cardinals and other birds, both in summer and winter, so make sure to include some water source nearby.

For more information on backyard bird feeding, go to: [www.audubon.org](http://www.audubon.org).

Brighten up winter by feasting your eyes on the beautiful cardinal!

*Vickie Bramlett is a second grade teacher at Corbin Primary*



PHOTO SUBMITTED

Barbourville author Melissa Newman spent Saturday in Lexington at Joseph-Beth Booksellers at a book event for readers and fans. Newman read several excerpts from her newly-released book, "Sister Blackberry," and answered questions about "Sister Blackberry" as well as her upcoming fall 2010 release, "House of Cleaving," also a work of fiction.

## B'ville author visits with Lexington readers at Joseph-Beth Booksellers

SPECIAL TO THE TIMES-TRIBUNE

Local author Melissa Newman spent Saturday, Jan. 16 in Lexington at Joseph-Beth Booksellers visiting with readers and new fans of her work. Newman was invited to share her book, *Sister Blackberry*, a work of fiction, released Nov. 2009.

Every seat for the book event was filled and some fans were left standing, as Newman did readings from several chapters of *Sister Blackberry*.

Newman said she was very surprised at the turnout mainly because she was reading at one of Kentucky's premiere bookstores.

"I really didn't know what to expect," Newman said. "This was my first book event since *Sister Blackberry's* release in November. As a new author, I was a little nervous cutting my teeth, so to speak, at such a popular and revered book venue such as Joseph-Beth."

By the end of the day Newman visited with about 50 readers and fans. Books sold out thirty minutes after the book

event began. Staff at the book store took orders to be filled within the next week. Newman will be going back to Joseph-Beth in Lexington to sign the back-ordered copies when they arrive.

Because the event was so successful and Newman was able to draw such a large crowd, Joseph-Beth Booksellers will continue to keep copies of Newman's book stocked on its shelves. Newman has another upcoming book event at Joseph-Beth Booksellers in Cleveland, Ohio in March. Public relations and events coordinator for Joseph-Beth, Brooke Raby, was very pleased with the turnout.

"Melissa's event was a true testament to the excitement that a deserving book can bring out in people," Raby said. "Her first reading was an unabashed success, and I anticipate that she'll have all the success she puts her mind to."

The Knox County Public Library will be hosting a book event for Newman and *Sister Blackberry* on Saturday, Jan. 30 from 9:30 a.m. to 12:30 p.m., with a formal author's reading at 11 a.m.

## IRS offers tax tips on YouTube

WASHINGTON (AP) — Amid all the music videos and celebrity news, the cute animal shots and comedy routines on YouTube, you'll find some helpful tax tips from the Internal Revenue Service.

The IRS channel on YouTube features dozens of videos informing people about new credits and deductions and other changes in the tax law.

Launching the YouTube channel was "a natural choice" for the IRS, said Terry Lemons, the agency's senior spokesman. "Our approach is to use multiple avenues to get information out to people."

There are currently 70 to 75 videos. "Here's a tip from the IRS," the videos begin. They cover issues like new home-buyer tax credits, the sales and excise tax

deduction for new car purchases and use of the withholding calculator to make sure you're not having too much tax withheld as part of the making work pay credit.

The videos feature IRS employees. There are versions in English, Spanish and American Sign Language. Most run about a minute or a minute and a half, although there are some longer how-to videos on topics such as how to track a refund. All refer people to the IRS Web site, [www.irs.gov](http://www.irs.gov).

Since the channel launched in August, the IRS videos have been viewed about 230,000 times, including 30,000 in the last week. "These are not going to compete with the dancing babies out there," Lemons quipped.

# TRI-COUNTY SUPPORT GROUPS

### VETERANS & FAMILY SUPPORT

An American Legion service officer will be on duty every Tuesday from 10 a.m. to 6 p.m. at the Corbin Post 88 in the upstairs office. Available to all veterans and families. Call 528-1086.

A VFW Post 1410, Corbin, has a service officer on duty at the Post from 10 a.m. to 2 p.m. every Tuesday. Available to all veterans and families. Call 528-0281.

### AL-ANON FAMILY SUPPORT

A Corbin Al-Anon family support group will meet Tuesdays and Fridays at 8 p.m. at the Corbin Presbyterian Church on Master Street. Call Sam at 258-8369.

### NARCOTICS ANONYMOUS

Narcotics Anonymous support fellowship meets at 6 p.m. Mondays, Wednesdays and Fridays at The Parkway Church of God, Cumberland Gap Hwy. Confidential. Call Chris at 215-1360.

### SEKY WOMEN FOR LIFE

SEKY Women for Life offers confidential pregnancy testing, referrals, maternity clothes, parenting classes, information on abortion, adoption, counseling and discussion groups. All programs are free. Call Corbin at 523-1113 or London at 877-1717 or toll free at 1-800-809-3378.

### NIBROC AA

The Nibroc AA co-ed group meets at noon and 8 p.m. Monday through Saturday, and at 2 p.m. and 8 p.m. Sundays at the old Recreation Center on Barbourville Street. Women's meeting is Thursdays at 8 p.m.

### GRANDPARENT SUPPORT GROUP

A grandparent support group meets Tuesdays at 11 a.m. at the Laurel County Extension Office. Call 864-4167. Call 528-6657.

### CVADD OMBUDSMAN PROGRAM

Long-term care ombudsmen are available for assistance with concerns about nursing homes. Call Tammy at 864-7391 or 1-800-795-7654.

### CELEBRATE RECOVERY

Grace on the Hill Church offers a Christ-centered 12-step recovery program for anyone with a hurt, habit or hang-up. Programs are held at 6 p.m. Tuesdays. Call 528-6840.

### BREAST FEEDING MOMMIES

Knox County Health Department offers a support group at noon Mondays for pregnant women and breast-feeding moms. Call 344-7526.

### RAPE CRISIS & DOMESTIC VIOLENCE

Independence House at 3110 Cumberland Falls Hwy offers a support group for rape crisis and domestic violence at 6 p.m. Wednesdays. Call 523-9386.

### AA FOR WOMEN

Independence House AA for Women meets at 8 p.m. Fridays. Call 523-9386.

### CAREGIVER SUPPORT

The Caregiver Support Program is for anyone caring for a loved one aged 60+. Call Veronica at CVADD at 864-7391 Monday through Friday.

### ALZHEIMER'S ASSOCIATION SUPPORT

The Whitley County Alzheimer's Support group meet the 4th Thursday of the month at 5 p.m. at Williamsburg Occupational Health and Rehabilitation. Call 549-1183.

### PARENTS ANONYMOUS

Parents Anonymous meets Mondays from 5:30-7 p.m. at 175 East Peachtree Street (Behind Church of God) near Arby's Hwy 25E in Corbin. Call 526-6303

## Make A Resolution For A Brand New You!

Throughout the month of January, we want to help you get started on the New You with this special offer:

**New Weigh will give you a 30-day supply of Phentermine & a free B12 shot including office visit for just \$55!**  
(Offer expires 01/31/10 no exceptions)

January 2010						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						1 Chattanooga
2 Chattanooga	3 Chattanooga	4 Chattanooga	5 Chattanooga	6 Chattanooga	7 Chattanooga	8 Chattanooga
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# WHITLEY 4-H'ERS SPEAK UP!



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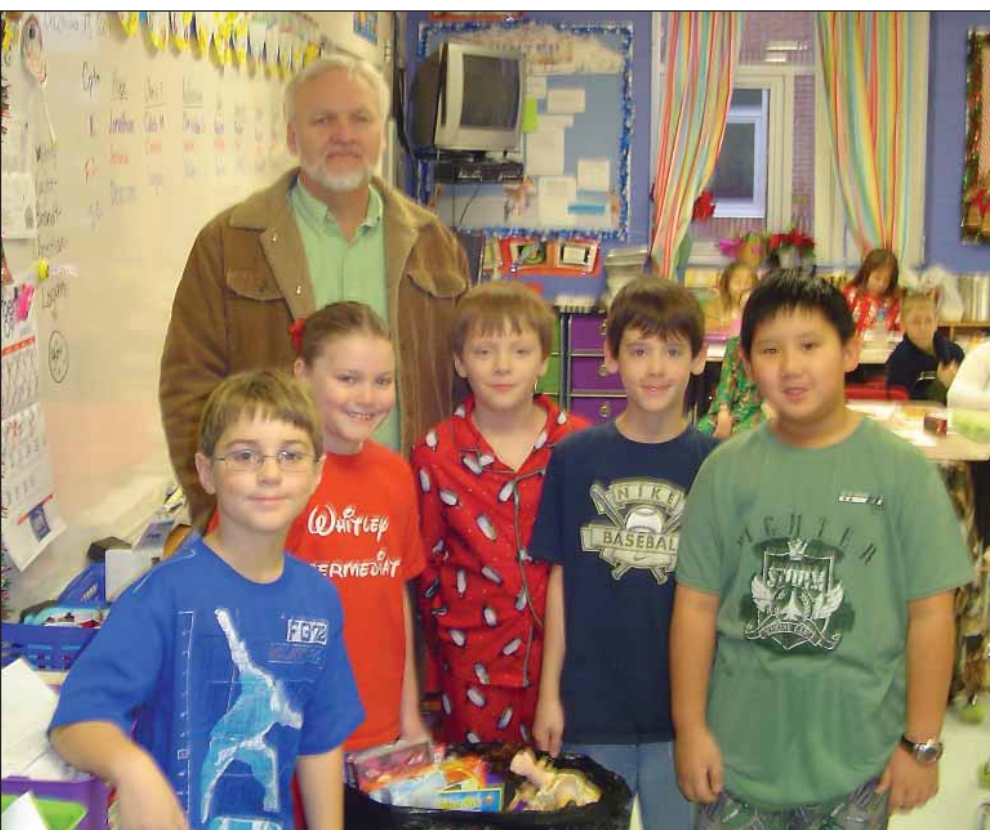
The annual Whitley County 4-H Talk Meet was recently held at Whitley County High School. Seven 4-Hers showed their public speaking skills in a judged competition based on organization of talk, facial expression, voice tone, knowledge of subject, voice clarity, and overall delivery. Participants and the results in the various age categories are as follows: 10 year old champ - Katie Hudson of Whitley North speaking on "Stereotypes" and second place was Savannah Albertini of Boston speaking on "My Dad is My Hero;" 11-year-old champ - Rachel Shelly of Whitley Central speaking on "Texting While Driving," second place Laura Beth Richardson of Whitley North speaking on "Camping With Family for Vacation;" and third place was Angela Wilson of Whitley Central speaking on "K-9 Helpers". 12 year old champ was Erinn Sweet of Whitley Central speaking on "History of Perfume" and the 13 year old champ was Marsha Allen of Whitley County Middle School speaking on "Cheating." The champs and second place participants will be representing Whitley County at the District 2 Talk Meet later this spring. Pictured are the Whitley County 4-H Talk Meet winners and participants.



PHOTOS SUBMITTED

Two local 4-H clubs spread holiday cheer in December. The Williamsburg High/Middle school 4-H club did its annual visit to the Williamsburg Nursing Home to sing Christmas carols and pass out Christmas cards. This is the 5th year the club has done this activity. The Central Intermediate Colonels 4th grade 4-H club in Ms. Grimes' class collected toys and coats for youth at the Williamsburg Emergency Christina Ministries Shelter. Pictured are the Williamsburg High/Middle school 4-Hers singing at the Williamsburg Nursing Home.

## Local 4-Hers Spread Holiday Cheer



The Colonels 4th grade 4-H Club officers present Brother Bill Woodward with the gifts they had collected for the Williamsburg Emergency Christian Ministries.

The Times-Tribune would like to offer you the opportunity to **SHOW OFF YOUR PRIDE AND JOY!**

## Bundles of JOY 2009



Name  
Date of Birth  
Parents  
Grandparents

Actual Size 2x2.5

As a parent of a 2009 baby, you know how special first pictures can be! We would like to provide you with a valuable keepsake to share with family and friends for years to come. "2009 Bundles of Joy" will be published in a special edition on Saturday, Jan. 30. Spread the news of your new arrival in the Tri-County's only daily newspaper.

**Hurry!** Join us in this promotion by filling out the entry form below and returning it with your photo, to the Advertising Dept. with your payment of \$15.00 per child.

All entries must be received by Monday, January 25th, 2010 at 5:00 pm. **NO EXCEPTIONS!**

You can also e-mail your submission to [thumphrey@thetimestribune.com](mailto:thumphrey@thetimestribune.com)  
\*Please print legibly.



Name  
Date of Birth  
Parents  
Grandparents

Actual Size 2x2.5

## Bundles of JOY 2009

Child's Full Name: \_\_\_\_\_

Parents: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Grandparents (2 lines of copy, 30-35 characters each): \_\_\_\_\_

Daytime Phone (should we have questions): \_\_\_\_\_

Payment By:  CHECK  MasterCard  Discover  VISA  American Express

Credit Card #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

\*Your payment of \$15.00 per baby must accompany your entry, photograph and entry form must be received by January 25, 2010, NO EXCEPTIONS. Twins will be treated as individual submissions. Send to: Times-Tribune "2009 Bundles of Joy," P.O. Box 516, Corbin, KY 40702 or drop off at our office: 201 N. Kentucky Ave, Corbin, KY.