

# SUPERMOM

## With a Mission!

BY JENNI LOU JACKSON

It's a bird...it's a plane...no! It's Supermom off to save her family from falling into the deep chasm of disorganization, lateness, or Heaven-forbid...all the sin and temptations this world has to offer. So many times, moms feel as if they are constantly running around in circles as fast as they can trying to keep up with schedules, activities, pressures, and life in general in an attempt to help fill the lives of their husbands and children when, on the contrary, they may just be whirling around adding more chaos than calmness. God doesn't want moms to feel overwhelmed. He doesn't want moms to feel pressure to keep up with the Jones'. He doesn't want moms to spin in circles using a lot of time and energy not really accomplishing anything that glorifies Him. God does, however, want moms to be superheroes to their families who provide calmness in their home, demonstrate consistency in the training of their children, and encourage their children to participate in activities which glorify and serve Christ with the gifts and talents He has given them.

How then does a mom become a Supermom that is directed and pleasing to the Lord? In 2 Timothy 1:7, the Bible tells us God has not given us a spirit of fear (fear of failure, inadequacy, or fill-in-the-blank), but of power and of love and of a sound mind. With God's promises in this verse, a mom can claim strength in knowing she is a superhero as long as she has Christ in her heart. Each of us has a heroic part to play in a much larger story than just the daily rush of our monotonous routines. The original definition of a Christian is derived from the words "little Christ", and in Christ's image we were created to be "little heroes." In other words, moms are "Supermoms" with a mission, purpose, and great God-given responsi-

bility in life, and with Christ as our head, we can be the hero in our family's life story.

### My Own Super Story

If I am Supermom, my husband, Brent Jackson, is my Superman. Together we have the up and coming legacy of the next generation of superheroes, Nancy Jane, Mary Hope, Brent Jr., and Jack Terrell. As a wife of a wonderful husband, the mom of four beautiful children, a school teacher, an active member of my church and community, a daughter, sister, friend, etc, etc, etc, I can definitely say I know what it is like to have to balance the pressures of life. There are many times I feel overwhelmed, exhausted, and out of my mind with the complexities of life. It is during these times I must constantly draw from the strength and peace of my best friend, Jesus. Philippians 4:13 reminds us, I can do all things through Christ who strengthens me." The Bible doesn't tell us we can do all things...it says through Christ we can do all things. As moms, we need to remember this point. God doesn't expect us to be perfect; He expects us to be redeemed and reliant on Him. If we are redeemed and reliant on Him, we can accomplish great and marvelous feats only possible by a Supermom.

### Follow the Light and Avoid the Kryptonite

Since we now know it is possible to be Supermom even with so much resting on our shoulders, following the example of Christ and avoiding the traps and snares (the Kryptonite) of the Evil One is crucial. The following steps in the acronym S.U.P.E.R. can be used to help aid us in being the mom and spouse we need to be.



### S = Spend a definite time with God everyday.

Even Supermoms have to fuel their bodies with food to keep going, right? But the Bible reminds us in Deuteronomy 8:3, "Man shall not live by bread alone, but man lives by every word that proceeds from the mouth of the Lord." By taking in his daily bread, the Scripture, we have the energy, strength, and knowledge we need to sustain and make wise decisions throughout the day. Without it, we are weak, our defenses are down, and we are susceptible to the Kryptonites in our lives such as envy, anger, impatience, gossip, and temptations. Spending a definite time with God's Word empowers us with the tools to do daily battles and overcome our own personal limitations.

### U = Urge each other on toward Godliness.

How encouraging it is to get a word from a friend or even an on-looking bystander about the great job you are doing with your family! Whenever someone comes up to me and says, "Four kids! I don't know how you do it, girl!" or "Your children were such a pleasure to be around today!" it makes my heart sing prais-

es to my King. Comments such as these urge me on even further to be more Christlike. They urge me to live a life that does not glorify my family or me but one that glorifies the Lord and Savior of my life who blessed me with it all to begin with. When writing to the church of Thessalonica (his friends), Paul states in 1 Thessalonians 2:11-13, "We pleaded with you, encouraged you, and urged you to live your lives in a way that God would consider worthy. For he called you to share in his Kingdom and glory." So, as moms we should constantly be seeking to encourage each other, challenge each other, and help one another to strive to be more like Christ so we can set our families on a path of Godliness as well.

### P = Pray continuously.

"Prayers," shares Becky Waddle, a preschool teacher at Learn 'N Grow Preschool, "My family is surrounded by prayers everyday from special friends and family, and that is what has helped us through." Becky is the wife of Major Creston Waddle of the U.S. Army Reserves, who is currently deployed and serving at Camp Shield in the Red Zone in Baghdad. Becky and Creston also