

MEN... *put on a cheery holiday smile for the family*

Justin Sanchez



FIVE WAYS TO DEAL WITH HOLIDAYS

Surviving the holidays can be a rough task for men. There seems to be a never ending stream of holidays once October comes around, starting with Halloween and going through the New Year. In that short span of time, most people go to more family gatherings than they will the rest of the year. Dealing with family is inevitable, however, and putting on a cheery holiday smile is a requirement. Don't fret. With a few tips, you might be able to make it out alive.

5. GIFTS - Holiday times mean gifts from the family, so at least there's always that to look forward to. Maybe it is better to give than to receive, but nobody ever turns down a good gift.

4. FOOD - With Thanksgiving and Christmas, there always seems to be an endless buffet of food. Remember, it's

not polite to eat and talk, so if you continually stuff your face with food, you can avoid awkward conversation with aunts and uncles you haven't seen for years.

3. FOOTBALL - By the time the holidays start to roll around, the NFL season is well on its way into the year and fans start to understand just how good their team is. For some

teams, each game might be the difference between making or missing the playoffs, so an added level of excitement comes with each game.

2. USE A CHEAT SHEET - If you're like me, you're going to reunite with family you only recognize by face, not by name. The best way to get out of trouble with this is to use a cheat sheet. Find out all the

names of distant aunts and uncles from mom or dad, write it down, and bring it with you. It will save you from being in an awkward position.

I. HALO 3 - That's right, Halo 3. If all else fails, and you just have to escape the madness that is the holidays, remember, Halo will be waiting for you when you get home.