

WHAT SERVICES CAN HELP ME STAY IN MY HOME?

The choice to stay in your home or to seek new options is an important and personal decision. The following are services that allow older persons to remain in their homes for longer and more satisfying periods of time.

Adjustment To Blindness

Assists older adults losing their eyesight remain independent and in their own homes.

Adult Day Services/Centers

Provide an organized program of supportive care during the day in a large or group environment supervised by a trained individual(s). Typically meals, snacks, recreational activities, and medication reminders are provided. Sometimes additional services such as bathing and grooming or transportation to and from the center can be arranged.

NATURAL SURROUNDINGS

118 Raven Ct., Mankato • 507-625-3323

**MANKATO'S MOST AFFORDABLE ADULT DAY CENTER
PROVIDING A HOME-LIKE ENVIRONMENT.**

Rates:

Full day: \$44.75

3 hours or less: \$28.00

Hourly (drop-in): \$12.00/hr

- Outings & Special events
- Nutritious meals & snacks
- Range of motion exercises
- Bathing in our whirlpool tub
- Health monitoring
- Transportation
- Experienced staff

- Individualized activity program
- Assistance with activities of daily life
- Elderly Waiver (medical assistance) accepted
- Veteran's grants available to qualifying veterans
- Daily pet therapy provided with our new cat "Hope", birds in our aviary and fish in our 90 gallon fish tank!



**Come Meet Our
New Cat "Hope"!**

*"Surrounding ourselves
with those who care"*

*For a tour or more information,
please call 507-625-3323*

ATTENTION OXYGEN PATIENTS

Introducing the Incredible HELiOS® Personal Oxygen System

Long-term oxygen therapy doesn't have to alter your daily activities. The HELIOS®

Personal Oxygen System gives you back your freedom, all day, every day. Return to a more active lifestyle with HELIOS.

No other portable oxygen system this small and light lasts so long. Medicare and most insurance companies reimburse for the HELIOS system for qualified patients. The unit weighs only 3.6 pounds and eliminates the need for bulky and heavy oxygen cylinders.



PURITAN
BENNETT



FAMILY MEDICAL SERVICE

Rental & Sales of Medical Equipment & Supplies for the Home

625-1054

1705 Madison Ave. (next to Stumberland)
Mankato, MN 56001

1400 Cannon Cr. Suite 12B
Faribault, MN 55021

620 E. Main St.
Albert Lea, MN 56007



SOUTH CENTRAL MINNESOTA'S MOST COMPLETE PROVIDER OF MEDICAL EQUIPMENT & SUPPLIES

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