

Minnesota River Area Agency on Aging

RESOURCE GUIDE

for

Older Adults & Their Families

WHERE DO I START?

There are many specialized services available to assist older adults to live independent and productive lives in their own homes and communities. If you are not aware of the services available to older adults and their families and want to learn about them, this guide will provide you with basic service information.

A call to the **Senior LinkAge Line®** at 1-800-333-2433 will provide you with additional and more specific information about services and the agencies and organizations that provide them. You can also access information at the **MinnesotaHelp.info** website.

www.MinnesotaHelp.info



*Supported by the Medica Foundation
and State Farm Good Citizenship Program.*

We want you

"Home Safe & Sound"

- VINE'S home inspection and safety service advises seniors regarding the repair & maintenance of their homes, and when appropriate, coordinates volunteers and/or professionals to do the work needed to continue to live there safely & independently.
- Our Nursing Home Transition Program is designed to assist seniors who are returning home after recuperation at a health care center following surgery or an extended illness.

